



Pink/Swamp Milkweed, *Asclepias incarnata* Brundage, Stephanie Halifax NS, 2017

Swamp Milkweed *Asclepias incarnata*

- 2-4 ft tall, winter dormant perennial, native: NJ, eastern US
- Rose pink flowers bloom June through August
- Will grow in average to wet soil, and sun to part shade
- Deer resistant; Good rain garden plant
- Attracts butterflies, bees, and other beneficial insects
- Host Plant for 13 species of caterpillars, including Monarchs
- Propagates easily from seed
- Collect ripe seeds as soon as pods open easily at seam
- Grasp seed bundle by the silky threads, and wipe seeds off
- Store seeds cold and dry to maintain dormancy
- Press seeds firmly into moist soil surface
- Do not cover with soil; seeds need light to germinate
- Seeds need 4 to 8 weeks moist at 40°F to break dormancy
- Then move to 70°F with light to germinate