



Photo: Wasowski, Sally and Andy, Dallas, Tx 1986

Obedient Plant *Physostegia virginiana*

- 2-3 ft tall, native: NJ, eastern No. America, perennial
- Pale pink flower spikes in August, dormant in winter
- Dry to moist soil, sun to part shade
- Spreads well by rhizome in sandy soil, less well in dry, clay or poor soil
- Good rain garden plant Obedient: if moved on stem, will stay there
- Attracts hummingbirds and butterflies
- Tolerates deer, clay, acid, dry soil
- Easy from seed or by division, collect ripe seed capsules in September
- Allow capsules to dry, then shake out seeds
- Store seeds cold and dry to maintain dormancy
- Small seeds need light; press into moist soil surface, do not cover
- Sow outside in Fall or 12 weeks moist at 40°F in pots to break dormancy
- Move to 70°F with light, indoors or outdoors, in spring to germinate