



Sally and Andy Wasowski, Manassas VA, 1994

Culver's Root *Veronicastrum virginicum*

- 5-7 ft tall, native NJ, northeast US, winter-dormant perennial
- Showy spikes of white flowers bloom June – September
- Prefers average to moist soil, sun to part sun
- Attracts bees, butterflies, and other pollinators
- Good rain garden plant, tolerates deer
- Spreads by seed to form clumps
- Collect brown seed capsules, September – November
- Air dry briefly, then crush seed capsules in a bag to release seeds
- Store seeds cold and dry to maintain dormancy
- Sow seeds in pots or outdoors in a garden bed
- Press seeds into moist soil surface, do not cover with soil
- A very thin covering of straw or pale sand may be used
- Treat 8 weeks moist at 40°F, or winter outdoors, to break dormancy
- Move to 70°F with light, indoors or outdoors in spring, to germinate
- Treat seeds 8 weeks moist at 40°F, then 70°F to germinate